

# Helianthus angustifolius Swamp Sunflower



## PLANT DESCRIPTION

<b>Plant Type:</b>	<b>Herbaceous Perennial</b>
<b>Height / Width:</b>	<b>6 ft.+ H x 3-5 ft.+ W</b>
<b>Plant Form:</b>	<b>Upright, multi-branched</b>
<b>Flower / Fruit:</b>	<b>Yellow, 2-3 in. wide, w/reddish central discs, in late summer through fall</b>
<b>Leaf Color, Size:</b>	<b>Narrow, green, rough</b>
<b>Native To:</b>	<b>Eastern U.S.</b>

## GROWING REQUIREMENTS

<b>Sunset Zones:</b>	<b>1-24</b>
<b>Soil:</b>	<b>Rich, moist soils</b>
<b>Water:</b>	<b>Moderate to high</b>
<b>Sun:</b>	<b>Full sun</b>
<b>Care and Pruning:</b>	<b>Interplant with large perennials or grasses to provide support, or cut back hard in mid-summer to increase compact form</b>

<b>GARDEN USE</b>	<b>Wildflower gardens, mixed into perennial beds. Attracts bees, butterflies and birds</b>
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